

SAMPLE OUTDOOR EDUCATION MENU

	DAY 1	DAY 2	DAY 3	DAY 4
BREAKFAST		<ul style="list-style-type: none"> • Scrambled Eggs • Turkey Sausage • Hashbrowns • Fruit • Cereal • Milk • Orange Juice 	<ul style="list-style-type: none"> • French Toast • Turkey Sausage • Fruit • Cereal • Milk • Orange Juice 	<ul style="list-style-type: none"> • Breakfast Burrito • Fruit • Cereal • Milk • Orange Juice
LUNCH	<ul style="list-style-type: none"> • Brought by students or school 	<ul style="list-style-type: none"> • Turkey Sandwich • Chips • Carrots • Cookie • Fruit • Milk • Trail mix 	<ul style="list-style-type: none"> • Turkey Sandwich • Chips • Carrots • Cookie • Fruit • Milk • Trail mix 	<ul style="list-style-type: none"> • Chicken Sandwich • Chips • Carrots • Cookie • Fruit • Milk
DINNER	<ul style="list-style-type: none"> • BBQ Chicken • Mac & Cheese • Corn Bread • Green Salad • Lemon Bars 	<ul style="list-style-type: none"> • Pasta with red sauce • Garlic Focaccia Bread • Caesar Salad • Brownies 	<ul style="list-style-type: none"> • Teriyaki Chicken • White Rice • Broccoli • Caesar Salad • Ice Cream Sandwich 	

DIETARY OPTIONS AVAILABLE FOR ALL MEALS